## **Nicky Paton**

#### **Grant Alexander**





## Youth Employability

# **Overcoming Barriers**





## Link – Strategic Aim

#### **Link Academy**

- Employability Support
- Work Experience Placements
- Apprenticeships
- Employment
- In Work Progression





## **Employability Support**

Step On

Step Up

Stage 1

Stage 2/3

Engagement

Structured Coursework

**Activity Based** 

Work Placement

**Confidence Building** 

**SQA Qualifications** 

**SQA Qualifications** 





#### **Barriers to Progression**

- People seemed Stuck
- Lack of confidence
  - Cyberstalking
  - Bullying
  - Self-harming
- Traditional approach not working pre pipeline



#### Learning

- Observe and Listen to Participants
- Take a step back and address fundamental issues
- Once size does not fit all
- Innovate
- Keep it relevant
- Don't be afraid to change



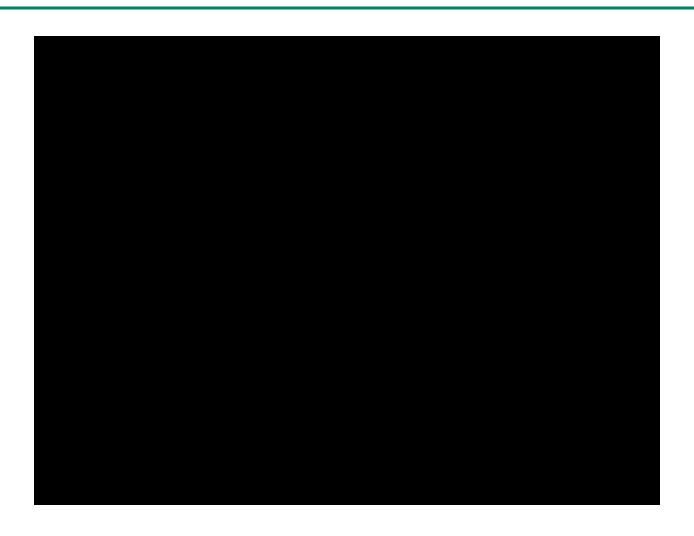
#### Steps to Resilience

#### A Set of Tools

- Wellbeing Techniques
- Cognitive Behavioural Therapy (CBT)
- Mindfulness
- Peer Support Mentoring
- Education Empathetic Support



# **Becky**



#### **Steps To Resilience**

"I've become the person that I think I was meant to become"

Becky

