

LIVING WELL LOCALLY: 20 MINUTE COMMUNITIES IN THE HIGHLANDS AND ISLANDS

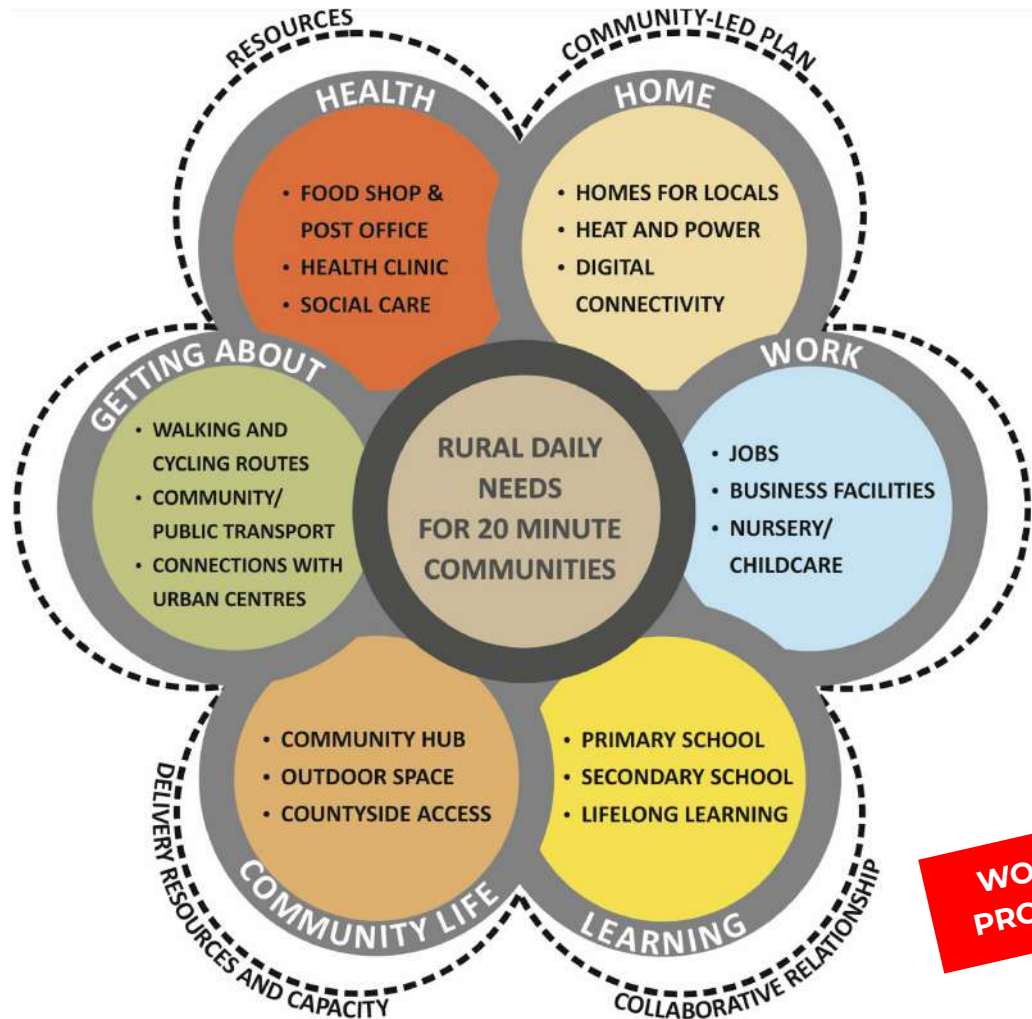
What could a 20 Minute Neighbourhood look like in a rural and island context?

What would need to happen for a rural settlement to become a 20 minute community?

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RURAL DAILY NEEDS IN THE HIGHLANDS AND ISLANDS





- **Food shop & Post Office** - could include local deliveries
- **Health clinic** - GP, dentist, health care - local, peripatetic, video conferencing
- **Social care** - for elderly people and others in need, e.g. care home, home-based care



- **Homes for locals** - affordable, range of tenures, new and retrofit
- **Heat and power** - affordable low carbon electricity supply/backup
- **Digital connectivity** - broadband and mobile, e.g. for health consultations, learning, working from home, social contact etc



- **Jobs** - range of local jobs
- **Business facilities** - e.g. workshops, co-working facilities, shared marketing, broadband
- **Nursery/childcare** - helps parents into work



- **Primary school** - can also be a community hub (see above)
- **High school** - students may have to travel and board
- **Lifelong learning** - college/university access, library access, adult education



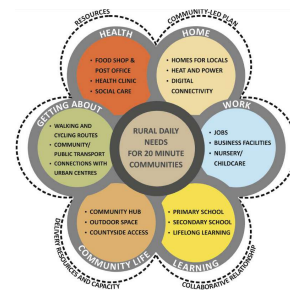
- **Community hub** - flexible multi-purpose indoor space: e.g. events, music, clubs, classes, cinema, co-working space, toilets, cafe, childcare, faith, mobile services like hairdresser or gym, library bookshelf etc
- **Outdoor space** - playpark, open space for events etc, playing pitch
- **Countryside access** - path network



- **Walking and cycling routes** - *within* and *between* settlements, good quality, reduce vehicle dominance
- **Community / public transport** - e.g. bus services, dial-a-bus, ebikes, electric car clubs, mechanic etc
- **Connections with urban centres** - roads, ferries, bus, air, rail, drone, digital, plus visiting clinics/shows etc

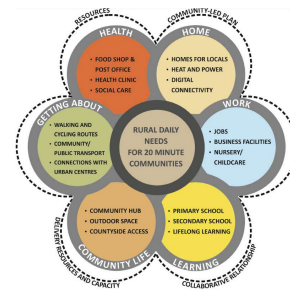


- **Community-led plan** - Local Place Plan or Community Action Plan to plan and prioritise action
- **Delivery resources and capacity** - financial resources + local delivery capacity (e.g. Community Development Trust, local authority)
- **Collaborative relationship** - community <> CPP Partners <> national agencies



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DOUNBY 2030

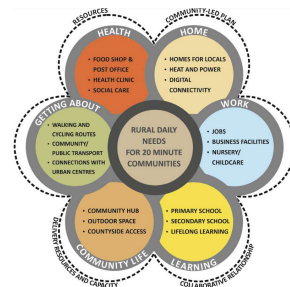


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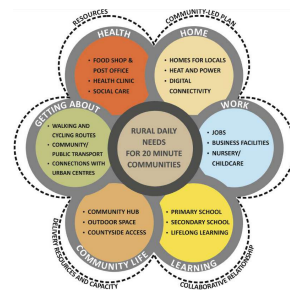
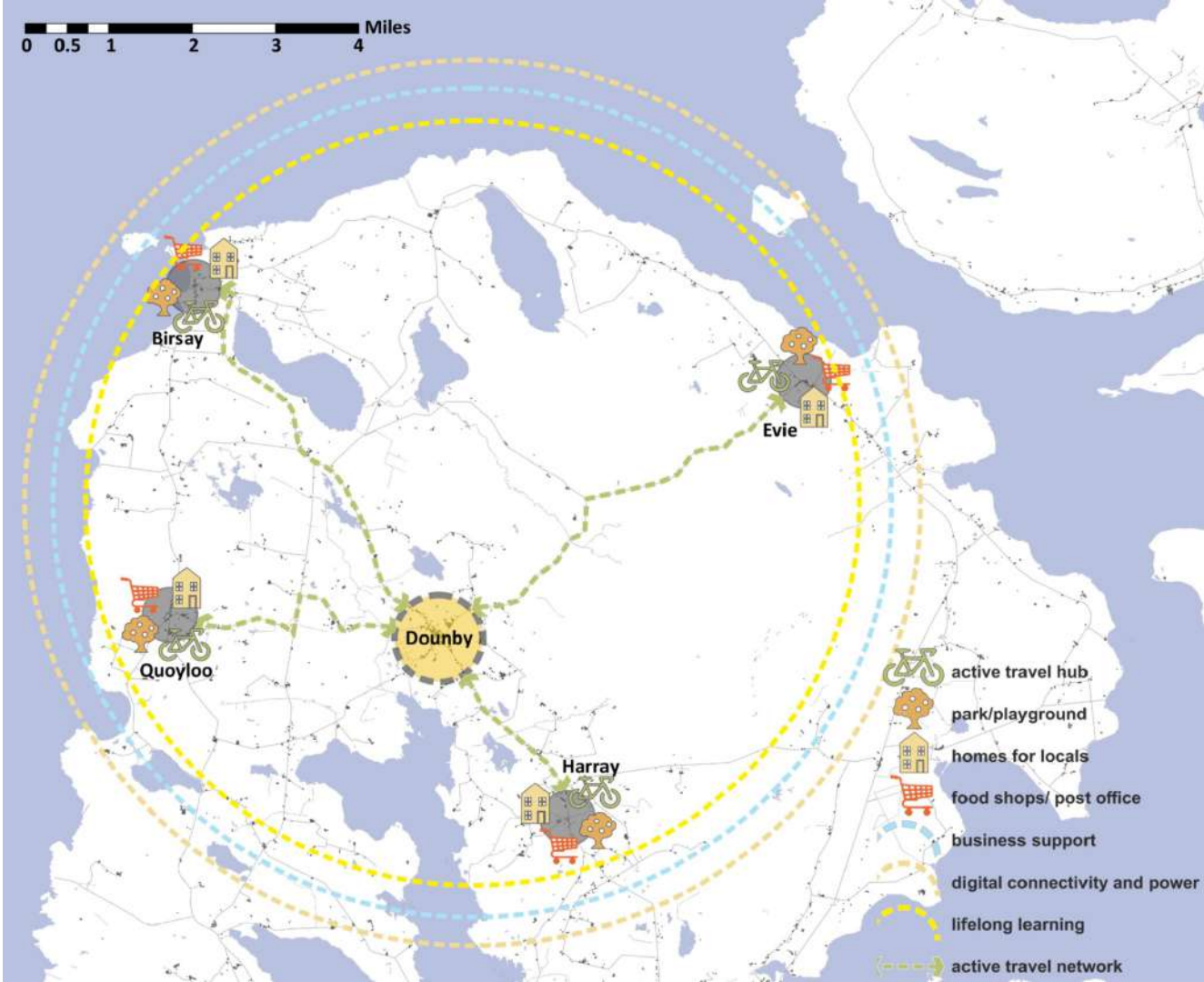
HEALTH		
Food shop & Post Office	Retain existing Co-op and post office	
Health clinic	Retain surgery and pharmacy	
Social care	Retain care home	
COMMUNITY LIFE		
Community hub	Upgrade community school, retain church hall and hotel	£££
Outdoor space	Improve market green & play provision	£
Countryside access	Complete gaps in local path network	£
WORK		
Jobs	Retain economic development support	
Business facilities	New business facilities in hotel, church hall, community school and/or dedicated building	£(£)
Nursery/childcare	Retain nursery	
LEARNING		
Primary school	Retain primary school	
High school	Retain link to Stromness Academy	
Lifelong learning	Upgrade broadband to homes and community facilities	£

HOME		
Homes for locals	New affordable homes	££
Heat and power	Energy efficiency retrofit improvements	£
Digital connectivity	Upgrade broadband to homes and community facilities	£
GETTING ABOUT		
Walking and cycling routes	Local network of safe cycle/ walking routes	££
Community / public transport	Community transport initiative for local area with co-mobility hub, bus shelters and local ebike scheme	££
Connections with urban centres	Enhanced public/community transport to Kirkwall and Stromness	£
RESOURCES		
Community-led plan	Prepare Local Place Plan	£
Delivery resources and capacity	Resources for these actions, and a community development trust to lead local actions	£££
Collaborative relationship	Continue 'Orkney Matters' collaborative relationship between local authority, Community Planning Partners and Community Council	



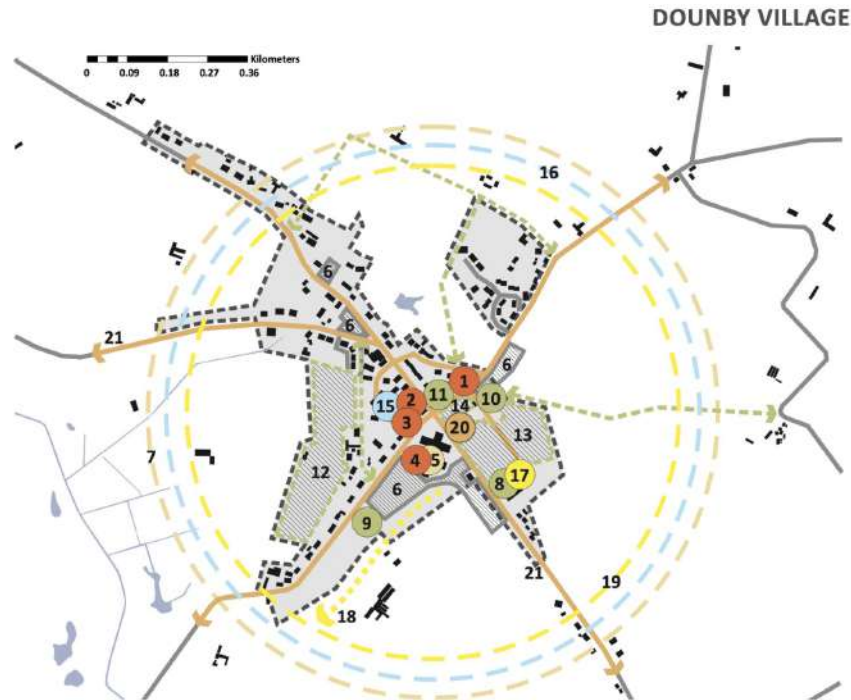
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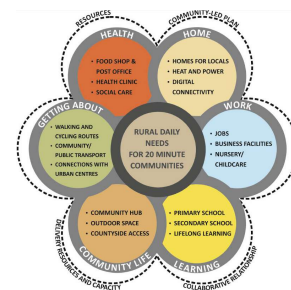


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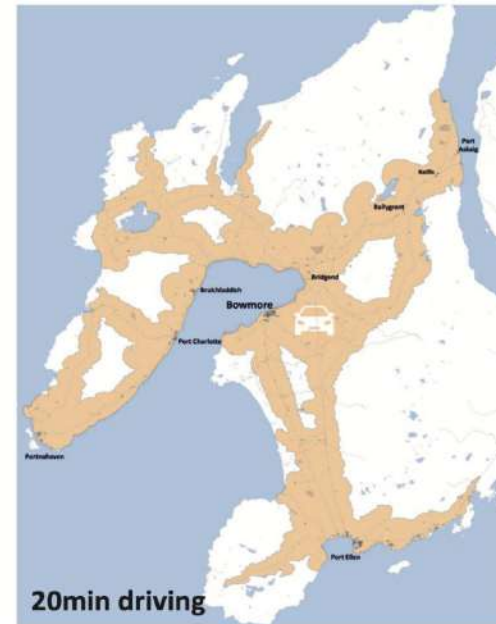
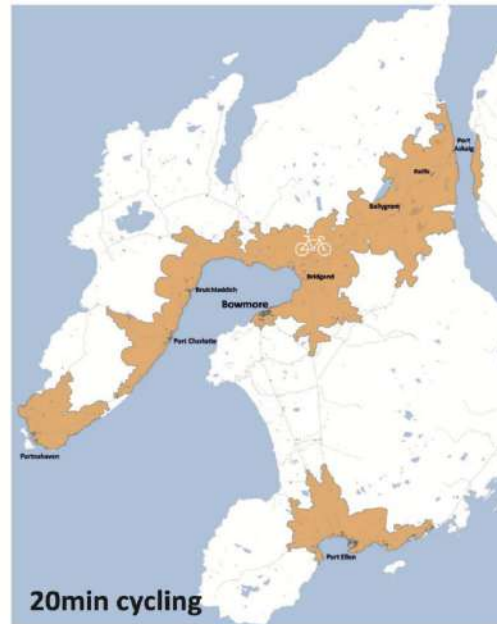
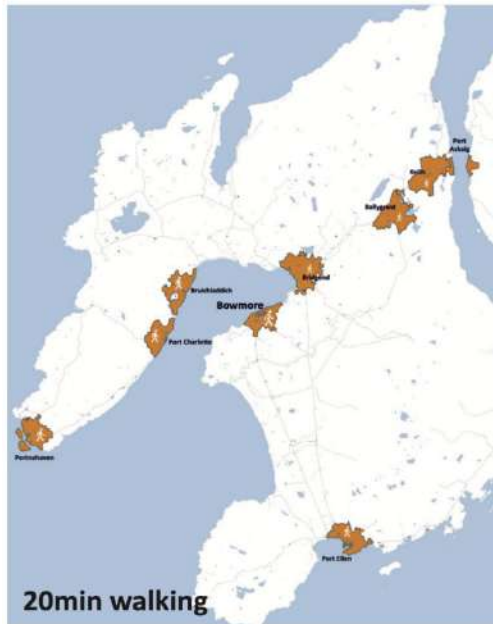
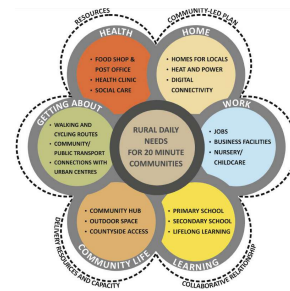


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|----------------------------------|-------------------------|---------------------------------|--------------------------------|
| health | community life | work | getting about |
| 1 accessible toilet | 8 community hub | 15 business space | 20 co-mobility hub |
| 2 food shop/post office | 9 community hub | 16 business support | 21 walking and cycling network |
| 3 Dounby pharmacy | 10 playpark | | |
| 4 health centre | 11 community hub | learning | |
| | 12 community greenspace | 17 Primary School | |
| home | 13 sports pitches | 18 High School in Stromness | |
| 5 Smiddybrae House | 14 park | 19 distance / lifelong learning | |
| 6 new homes | path network | | |
| existing LDP boundary | | | |
| 7 digital connectivity and power | | | |



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ISLAY 2030



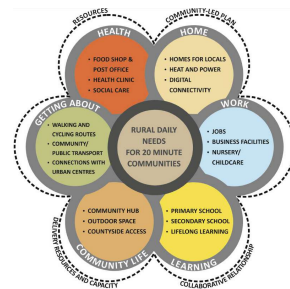
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ISLAY 2030

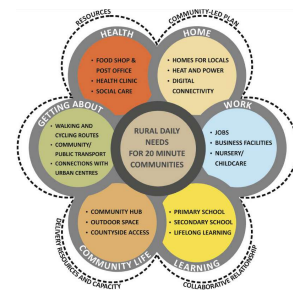
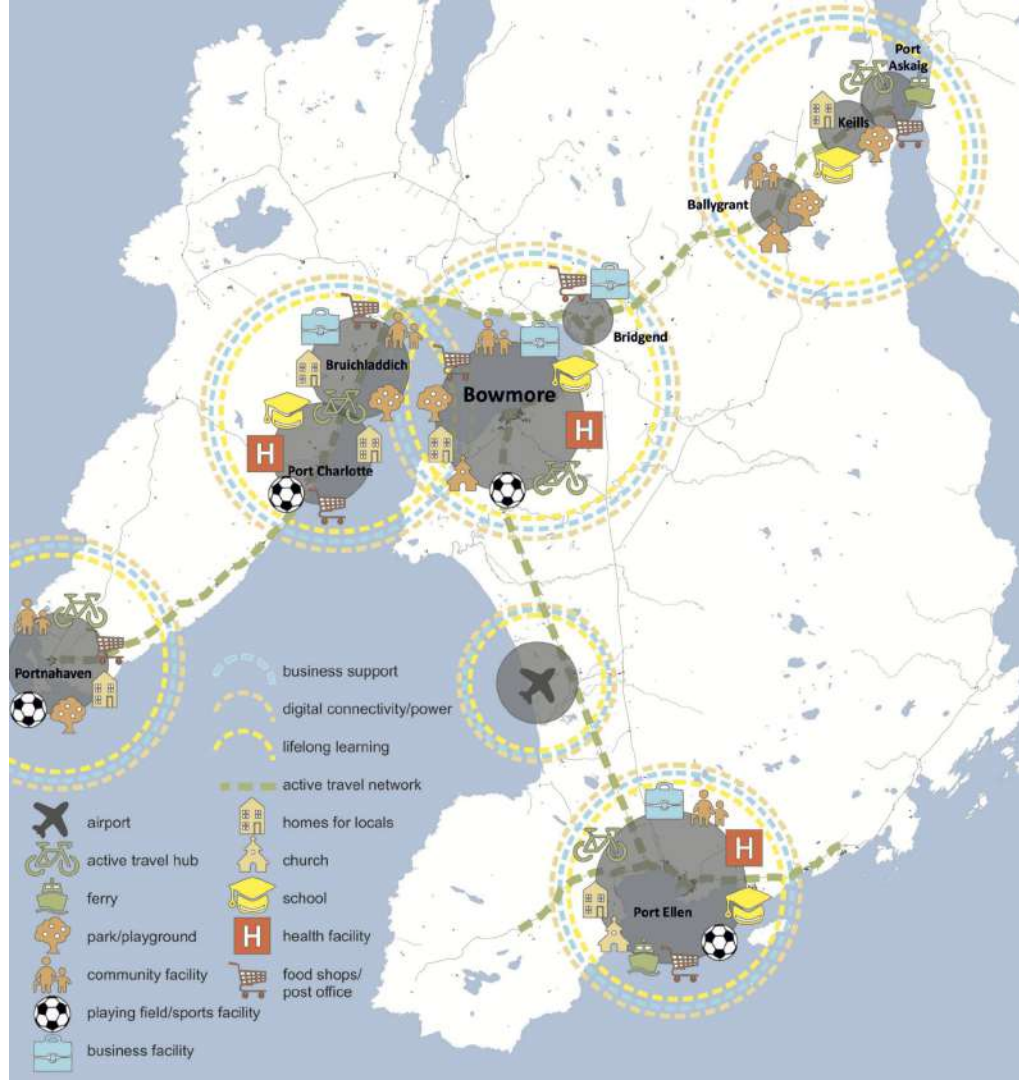
HEALTH		
Food shop & Post Office	Expand van-based mobile shop service	££
Health clinic	Expand online and peripatetic healthcare	££
Social care	Expand home-based care and respite	££
COMMUNITY LIFE		
Community hub	More activities in community centres	£
Outdoor space	Enhance open space and play provision in villages	£
Countryside access	Local path networks for each village	£
WORK		
Jobs	Continued economic development support	££
Business facilities	Improved digital connectivity, business/workshop space in each village	££
Nursery/childcare	Retain island-wide nurseries and childcare	
LEARNING		
Primary school	Retain primary schools	
High school	Retain high school	
Lifelong learning	Improve broadband to homes and community facilities island-wide	££

HOME		
Homes for locals	New affordable homes	££
Heat and power	Energy efficiency retrofit improvements	£
Digital connectivity	Upgrade broadband to homes and community facilities	£
GETTING ABOUT		
Walking and cycling routes	Network of safe cycle/walking routes linking villages	£££
Community / public transport	Island-wide community transport initiative (e.g. minibus, co-mobility hubs, bus shelters, ebikes)	££
Connections with urban centres	Low-carbon ferry, plane and drone connections	£££
RESOURCES		
Community-led plan	Prepare Local Place Plans / Community Action Plans for all communities	£
Delivery resources and capacity	Build capacity in each community, make delivery resources accessible	£££
Collaborative relationship	Continue collaborative relationships between local authority, Community Planning Partners and local communities	



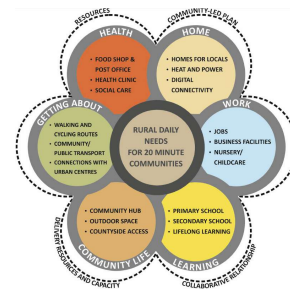
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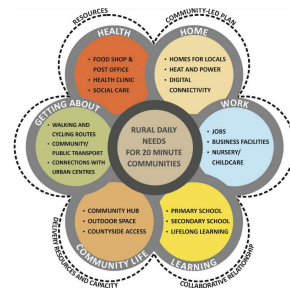


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ULLAPOOL 2030

HEALTH		
Food shop & Post Office	Retain retail choice	
Health clinic	Retain and enhance health services	£
Social care	Retain and enhance care provision	£
COMMUNITY LIFE		
Community hub	Retain Village Hall and increase activities	£
Outdoor space	Enhance open space and play provision	£
Countryside access	Maintain & promote local path network	£
WORK		
Jobs	Retain economic development support, including training/apprenticeships	££
Business facilities	Ensure sufficient land and facilities for business	££
Nursery/childcare	Retain nursery and childcare provision	
LEARNING		
Primary school	Retain primary school	
High school	Retain high school	
Lifelong learning	Improve broadband to homes and community facilities	£

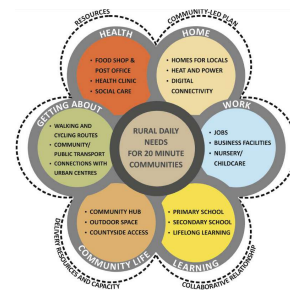
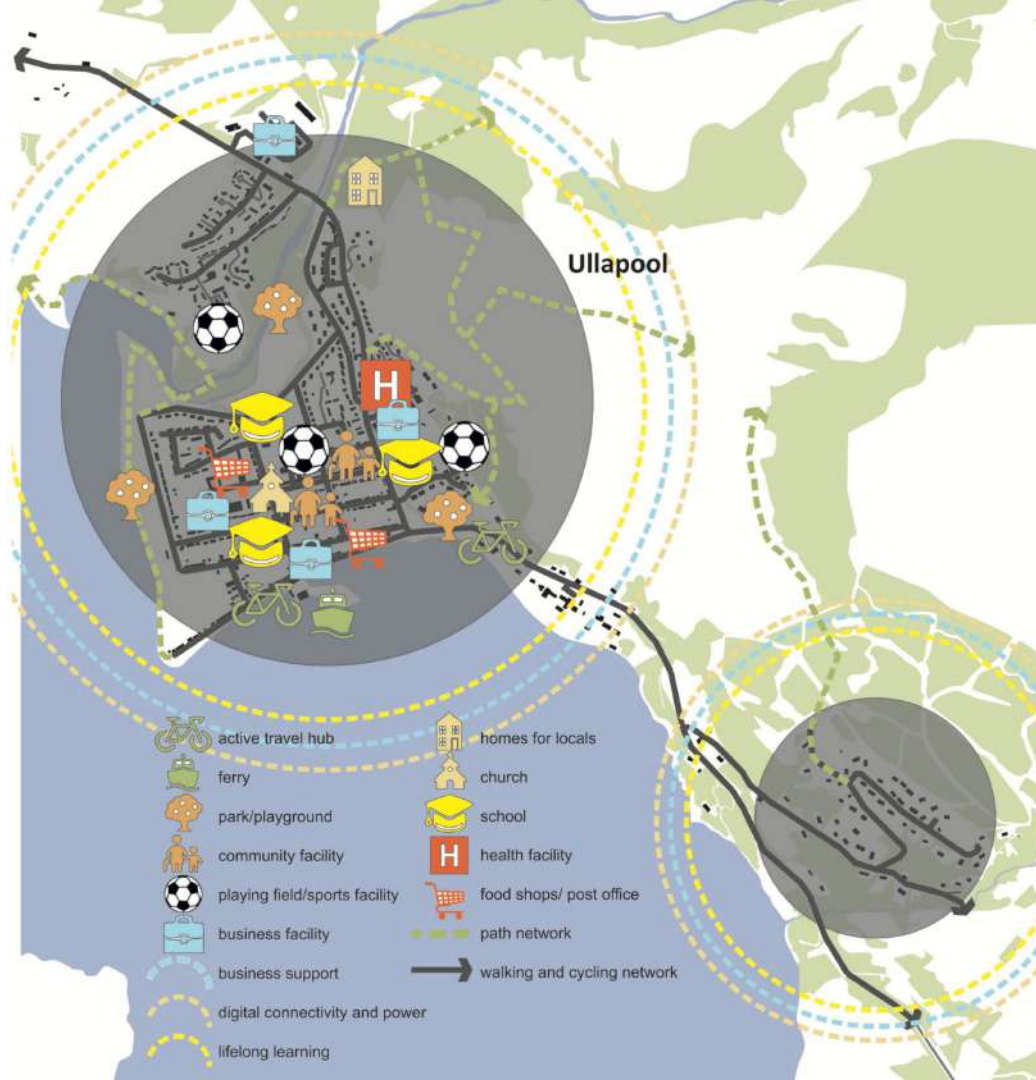
HOME		
Homes for locals	More affordable homes	£££
Heat and power	Energy efficiency retrofit improvements	££
Digital connectivity	Upgrade broadband to homes and community facilities	£
GETTING ABOUT		
Walking and cycling routes	Safe walking/cycling routes within the village and to the Braes	££
Community / public transport	Local community transport (e.g. local minibus, co-mobility hub, bus shelters, ebikes)	££
Connections with urban centres	Enhanced public/community transport to Dingwall and Inverness	£
RESOURCES		
Community-led plan	Prepare Local Place Plan	£
Delivery resources and capacity	Build capacity of community development trust and make delivery resources accessible	£££
Collaborative relationship	Continue collaborative relationships between local authority, Community Planning Partners and local communities	



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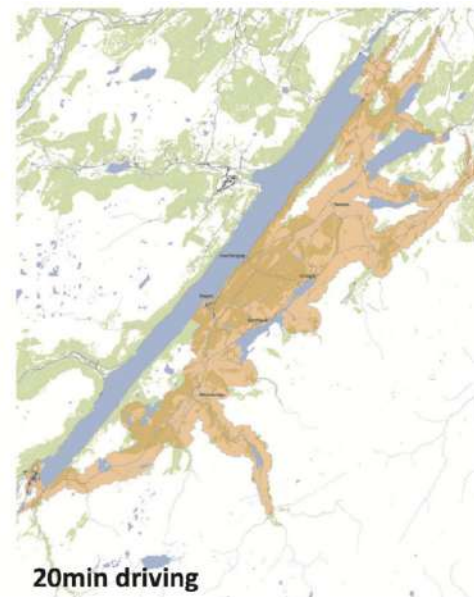
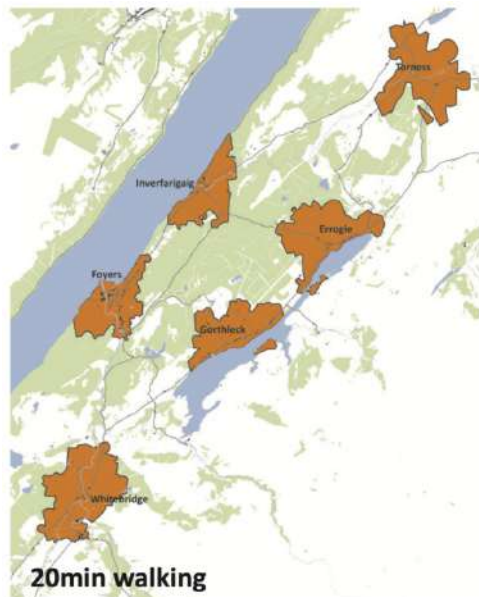
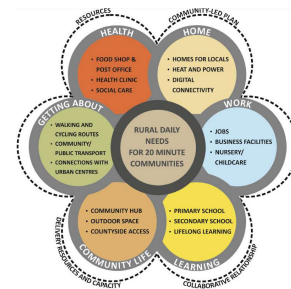
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FOYERS & STRATHERRICK 2030



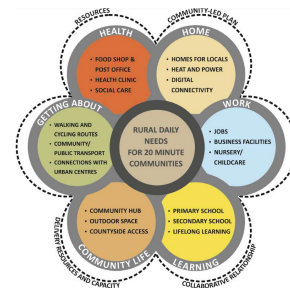
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FOYERS & STRATHERRICK 2030

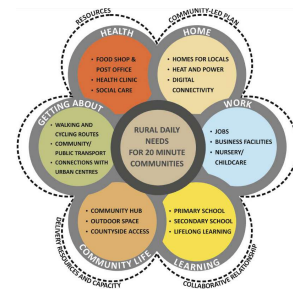
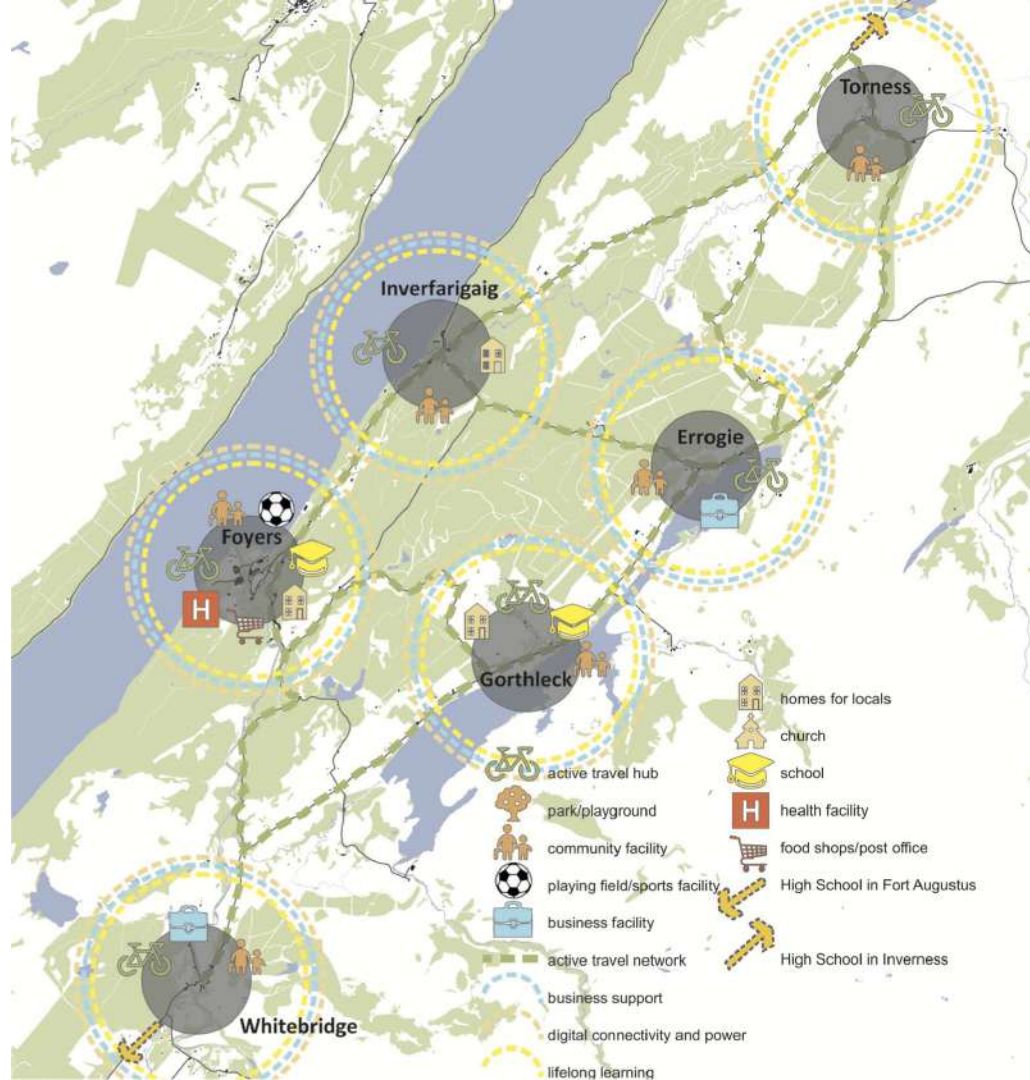
HEALTH		
Food shop & Post Office	Retain retail choice	
Health clinic	Retain and enhance health services	£
Social care	Retain and enhance care provision	£
COMMUNITY LIFE		
Community hub	Develop network of local community hubs and activities in each village	£££
Outdoor space	Enhance open space and play provision in villages	£££
Countryside access	Upgrade local path networks, community woodland	£(£)
WORK		
Jobs	Retain economic development support, including training/apprenticeships	££
Business facilities	Ensure sufficient land and facilities for business	££
Nursery/childcare	Retain nursery and childcare provision	
LEARNING		
Primary school	Revitalise local apprenticeship scheme, create employment on community projects	£(£)
High school	Continue to improve digital connectivity, business/workshop space in at least one community hub	£(£)
Lifelong learning	Develop local childcare	£(£)

HOME		
Homes for locals	Retain primary schools	
Heat and power	Community/public transport link to Fort Augustus	£(£)
Digital connectivity	Continue to roll out broadband upgrades to homes and community facilities	£
GETTING ABOUT		
Walking and cycling routes	Network of safe cycle/walking routes linking villages	£££
Community / public transport	Community transport initiative for local area (e.g. minibus, mobility hubs, bus shelters, ebikes, electric vehicle charging, scooters)	££
Connections with urban centres	Enhanced public/community transport to Inverness and Fort Augustus	£
RESOURCES		
Community-led plan	Prepare Local Place Plan based on community action plan	£
Delivery resources and capacity	Resources and capacity to take forward these actions	£££
Collaborative relationship	Continue collaborative relationships between local authority, Community Planning Partners and local communities	



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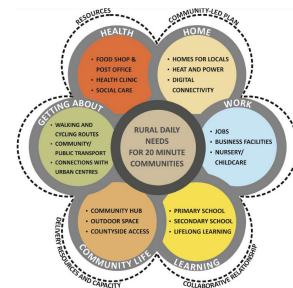
FOYERS & STRATHERRICK 2030



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SUGGESTED ADJUSTMENTS TO DRAFT NPF4

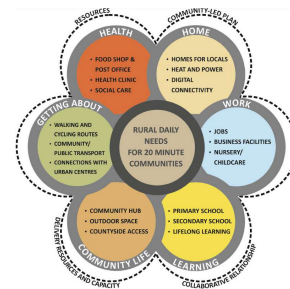
1	Broaden from exclusively walking and cycling to sustainable travel	Expand the walking and cycling requirement to include journeys by any sustainable means of transport, in line with the Scottish Government's sustainable travel hierarchy . This would bring in public transport, community transport and electric and even autonomous vehicles, all of which offer potential for low-carbon responses to the reality of moving people and goods in the sparsely populated Highlands and Islands. Also, the car needs to be part of the mix in rural Scotland, but in ways which are lower-carbon than they are at the moment. (See section 4.7 for more information.)
2	Treat 20 minutes as a target rather than a requirement	The objective should be enabling people to live well locally, with access to all their daily needs. A defined target is helpful when applying policy, but as a requirement it risks excluding communities from access to services or investment. The acceptable distance or time may vary between communities due to geography and context: 15, 20 or 30 minutes will each be appropriate in different places.
3	Brand as 20 Minute Communities rather than 20 Minute Neighbourhoods	'Neighbourhood' carries urban connotations: it is rarely used in villages or the countryside, where neighbours may be some distance away. 'Communities' would be more inclusive of urban and rural Scotland, and would reflect Scottish policy aspirations for community empowerment and the Place Principle.



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DELIVERY CHALLENGES

1. How should the key features of rural 20 Minute Communities be defined?
2. How should solutions be tailored to the Highlands and Islands?
3. How do we avoid further centralisation of services, with more remote areas being left isolated and worse off?
4. How do we ensure 20 Minute Communities don't just become a tickbox exercise?
5. How can 20 Minute Communities become a tool to tackle economic, social and health & wellbeing inequalities, and promote community empowerment?
6. How will sufficient resources be made available to plan and deliver 20 Minute Communities?
7. How will the necessary collaboration be achieved?



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