

'LIVING WELL LOCALLY' IN LATER LIFE

As part of a Heriot-Watt University study, I am looking to consider older adults' experiences of staying active in relation to **understandings and perceptions of 20-Minute Neighbourhood policy in Scotland**, in order to consider the extent to which the policy supports active ageing in deprived neighbourhoods.

Alongside local residents, I am interested in the perspectives of **practitioners and professionals with expertise in a relevant field, currently working in Edinburgh/Scotland**.

Participation in this study will involve:

1. **One-to-one interview** lasting ~1 hour
(This can take place in-person or online)
2. *Optional* **community mapping session** lasting ~2 hours, with older residents in one of three case study areas

If you are interested in taking part or would like some more information, please contact Lauryn Macniven at **lm2114@hw.ac.uk**.

Institute for Place,
Environment and
Society (IPES)

